

## **Advice Relating to Coronavirus (COVID-19)**

COVID-19 presents with flu-like symptoms including a fever, a cough, or difficulty breathing.

The current evidence is that most cases appear to be mild. In the meantime, it is important to follow good hygiene practices and if you show symptoms please ring NHS 111 instead of ringing your GP or going to a hospital.

- For the latest advice visit [gov.uk/coronavirus](https://www.gov.uk/coronavirus).
- **Key source of information for the public:**  
<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>
- **Blog / FAQ for the public:**  
<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know>
- **DHSC Twitter** page which is updated at 2pm every day:  
<https://twitter.com/DHSCgovuk>

*Carole*

*“Volunteers do not necessarily have the time; they just have the heart.”*